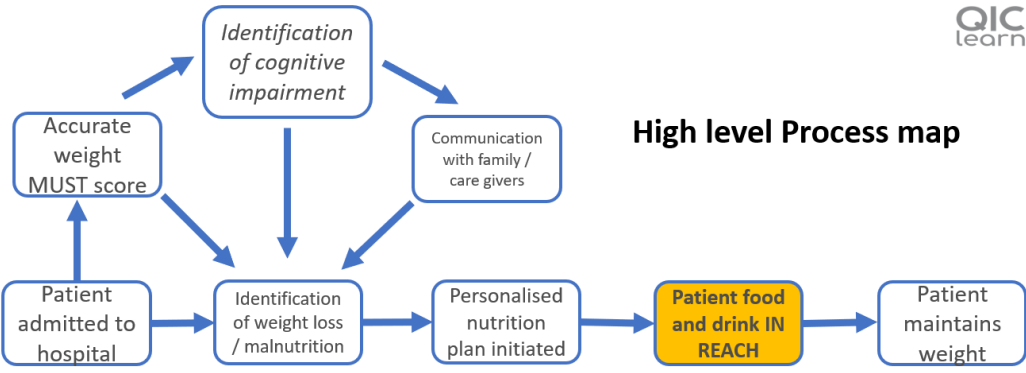




It's Everyone's Responsibility

Improving inpatient access to food and drink

S Tanner, A Pottinger, S Saunders



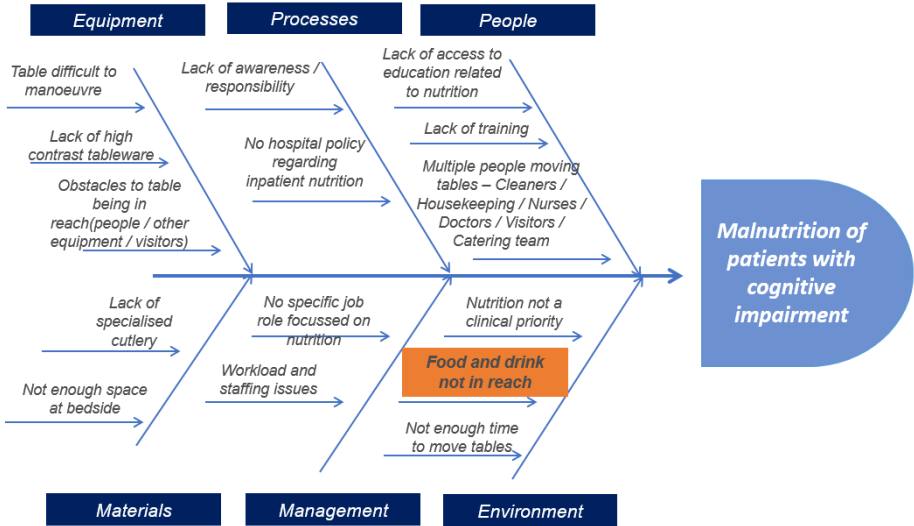
BACKGROUND

Patients often are unable to reach their food and drink.

Malnutrition is one of the key issues affecting the health of older people.

Weight loss results in increased risk of medical complications and death

Fishbone diagram: Contributors to malnutrition in hospital



Patients often are unable to reach their food and drink.

Confused patients do not ask for help

AIM

All patients with cognitive impairment admitted to the Complex Medical Unit (CMU) wards will have their food and drink IN REACH by end of June 2024

Chosen measure

% patients with food and drink in reach per ward round
Daily measure: data from one ward round per day
Data collected from a single ward sample – approx. 20 patients

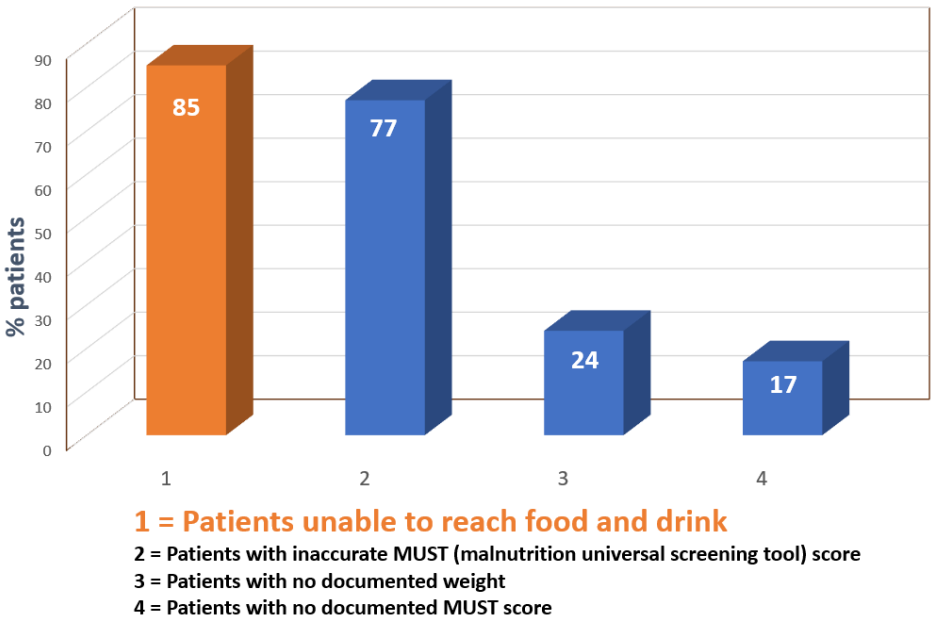
Inclusions

Patients admitted to the Complex Medical Unit
Patient with cognitive impairment (delirium or dementia)

Exclusions

Patients under the age of 65 years
Patients with no diagnosis of cognitive impairment

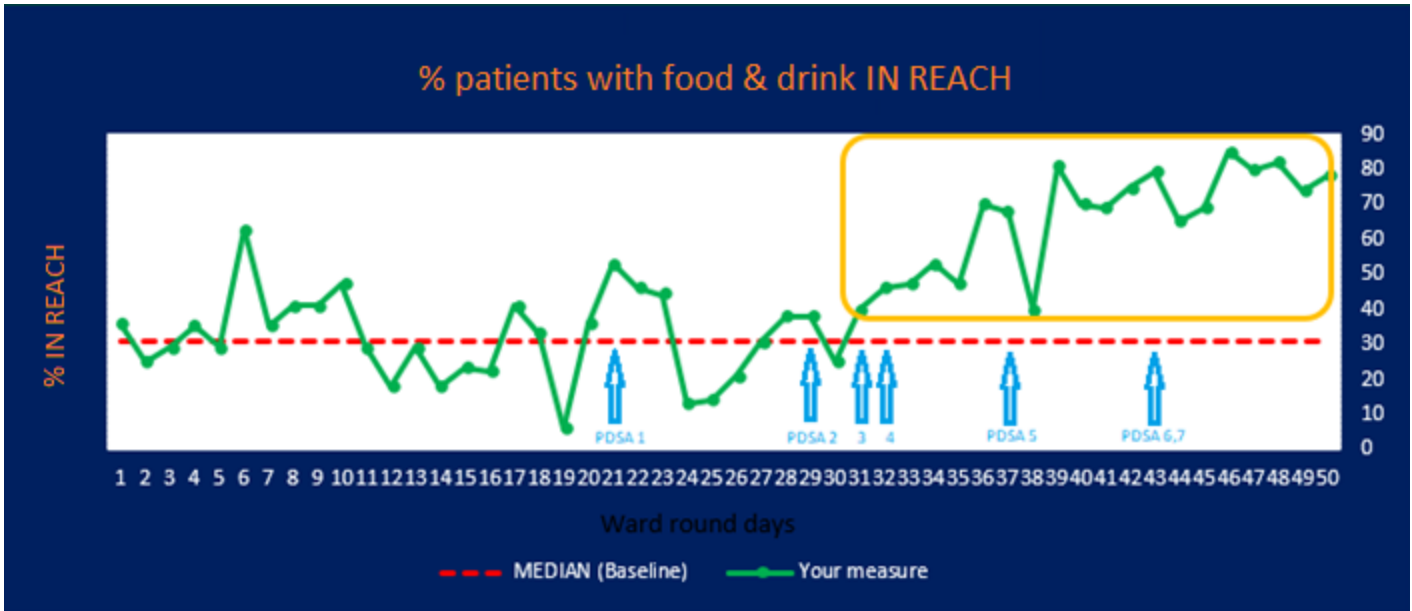
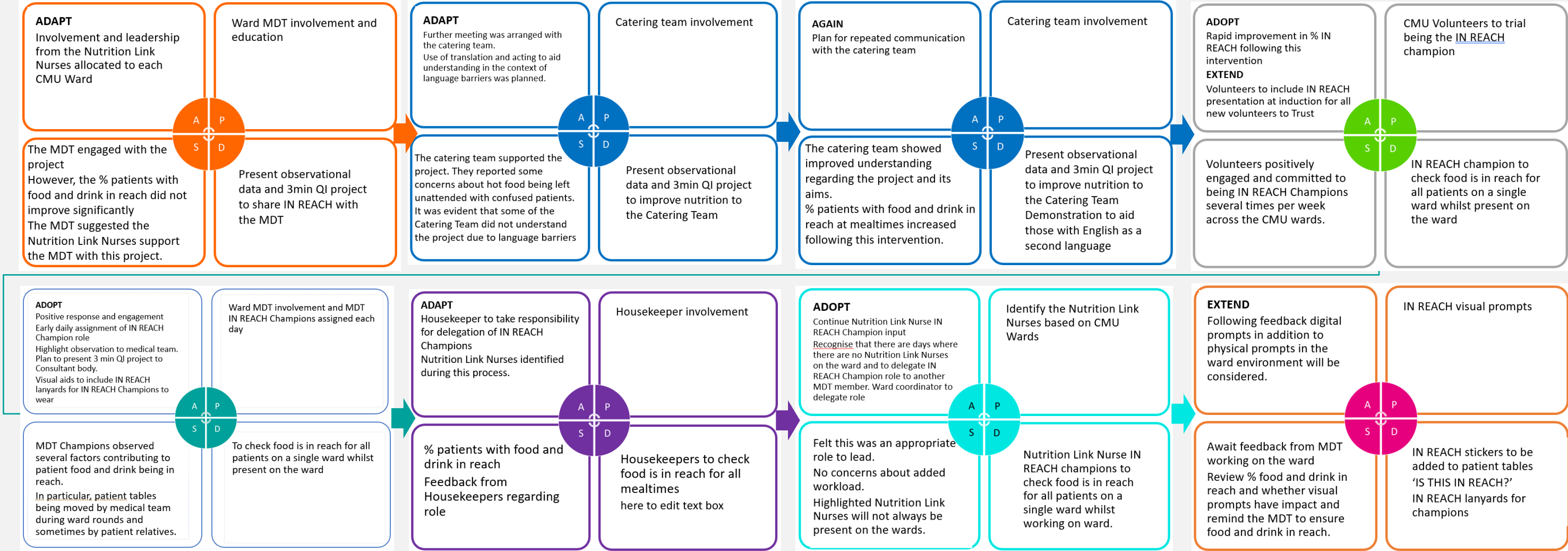
Problems contributing to weight loss and malnutrition of patients on a Complex Medical Unit



CHANGE IDEAS

- Multidisciplinary education
- Promotion: Catering staff, housekeepers, medical professionals and volunteers
- Lanyards
- IN REACH champion identified for every working day
- Campaign promotion via social media #IN REACH
- Table + crockery / tray stickers – 'Am I in Reach?'
- Posters above beds

PDSA cycles



SUMMING UP

The aim was that 100% patients with cognitive impairment admitted to the CMU wards will have their food and drink IN REACH by June 2024. Several PDSA cycles were developed and implemented to increase awareness and engagement of both clinical and non-clinical staff. The run chart demonstrated a significant improvement in the % number of patients with food and drink IN REACH.

