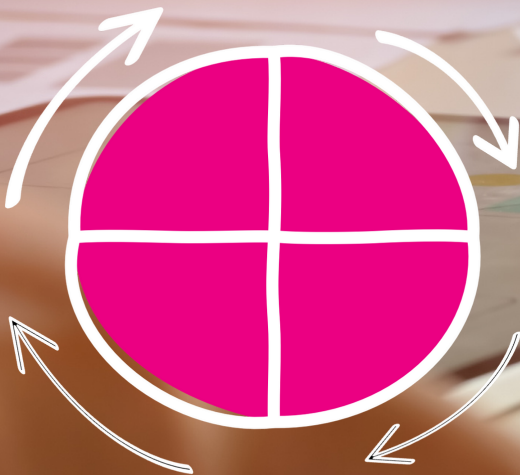




FocusQI

Autumn 2022



PDSA Case study

Free QI Resources

QI Poster Gallery

Introducing
QICaction



Hi, I'm Nikki Davey,

It's great to be sharing our Autumn edition of FocusQI with you. I hope you find it informative and interesting to read.



We love pulling together everything we learn and do into one place!

Enjoy!

Nikki Davey

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- PDSA Case study: Older Fallers and Young Wheezers
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- Improve ONE thing: Paediatrics - register your interest for Spring 2023
- Getting Started - with 1-2-1 coaching
- News: National Medical Director's Clinical Fellows Scheme



Our journey started nearly 10 years ago when Nikki Davey founded the Quality Improvement Clinic. Through coaching and consultancy we developed a passion for creating innovative ways of learning how to improve. It wasn't long before we started building courses that people could engage with anytime, anywhere and QIClearn was launched.

Since then the digital part of the business and has gone from strength to strength. And now with demand continuing to grow for consultancy that delivers for our customers, we are proud to launch **QICaction** to bring it to people who are looking for new ways to embed improvement in their organisation's deliverables.

Take a look for yourself to see how we help people, teams and organisations lighten their load.

www.qualityimprovementclinic.com

QIC work with healthcare organisations to enact positive change.

Our team thrive on working closely with your existing QI teams, utilising their skill and knowledge.

- We coach QI Leaders to spread and adopt QI, supporting and growing the work you are already doing.
- We share our knowledge and learning as we go
- We understand where you are going and what you need to achieve.
- We can help you work faster and effectively to reach your goals.

www.qualityimprovementclinic.com

OLDER FALLERS & YOUNG WHEEZERS CASE STUDY

WESSEX & THAMES VALLEY CONSULTANT
PRACTITIONER TRAINEES



Quality
Improvement
Clinic



PLAN DO STUDY ACT!

PDSA

Plan Do Study Act cycles - small tests of change - are increasingly used in health care as an alternative to 'big bang' top down change initiatives ⁽¹⁾. But these 'big bang' initiatives are so ingrained in the culture of the NHS it takes a lot of unlearning to grasp the idea and have faith that small tests of change are just that: 'Very small tests'.

So at the Quality Improvement Clinic we have been experimenting with different ways to help people build confidence to undertake very small Plan Do Study Act cycles.

In fact, we are so impressed with the way our wonderful Wessex and Thames Valley Trainee Consultant Practitioners took to this, we wanted to share their story with you in this case study.

SIMULATION

Our trainees have been studying Quality Improvement methods with us for almost 2 years, and despite great progress, many of them still reported a lack of confidence in small test cycles. So we set up a simulation with them, in 2 groups. Because 'patient activation' is something several are grappling with we chose two 'patient activation' scenarios.

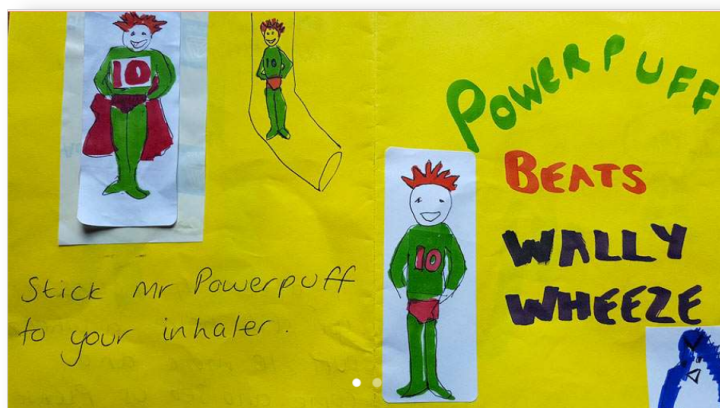
OLDER FALLERS

Group 1, working on the Frail Elderly Pathway looked at 'Older Fallers'. Their task was to test how they could teach older people who are at risk of falls to get themselves up safely after a fall. They used **Saga's Get Up and Go booklet** as their guide.



OLDER FALLERS & YOUNG WHEEZERS CASE STUDY

WESSEX & THAMES VALLEY CONSULTANT PRACTITIONER TRAINEES



YOUNG WHEEZERS

Group 2, working on the Emergency Care Pathway looked at 'Young Wheezers'. Their task was to give families and young people confidence to inhale 10 puffs of Salbutamol if experiencing an asthma attack, before calling for medical help. Anecdotal evidence suggests that there are a number of barriers.

These include

- reluctance to give a dose that is much higher than usual:
- parents failing to recall what to do when their child is distressed

The simulation was fun and instructional in equal measures.



OUTCOMES

Both groups learnt a lot - in particular, when you are trying to help people help themselves, you really need to try to get into their shoes. In the case of Older Fallers, quite literally!.

Fresh eyes can open up new opportunities discounted by those close to a service. We now share this case study back with our paediatrician colleagues. From this simulation we show them more practical patient focused ideas that are not bound by behaviours that they are holding on to. In this instance a worry about parents giving too much salbutamol, when in fact they are too afraid to use enough!

Gains:

More confidence, not being afraid to try something new, understanding of how a good team around you makes a great difference.

(1) See the article in Future Hospital Journal 2016, Vol 3 No. 3, pp 199-202, The Foundations of Quality Improvement Science, Julie Reed, Nicola Davey & Thomas Woodcock

Running for a good cause!

On Sunday 2nd October Joan Pons Laplana, a proud nurse, once again attempted to beat a World Record to become the fastest pint running the London Marathon. This was Joan's second attempt whilst fundraising for his local hospice: [Ashgate Hospice](http://www.ashgatehospice.org.uk)

QIClearn sponsored Joan. as did many other companies. It has been thrilling to watch his journey, training over the last year. A great summation of his World Record success can be found watching this inspiring 2 minute [video here](#)

You can follow Joan on Twitter: @RoaringNurse

A huge congratulations from all of us at QIClearn - we can't wait to see what you do next!



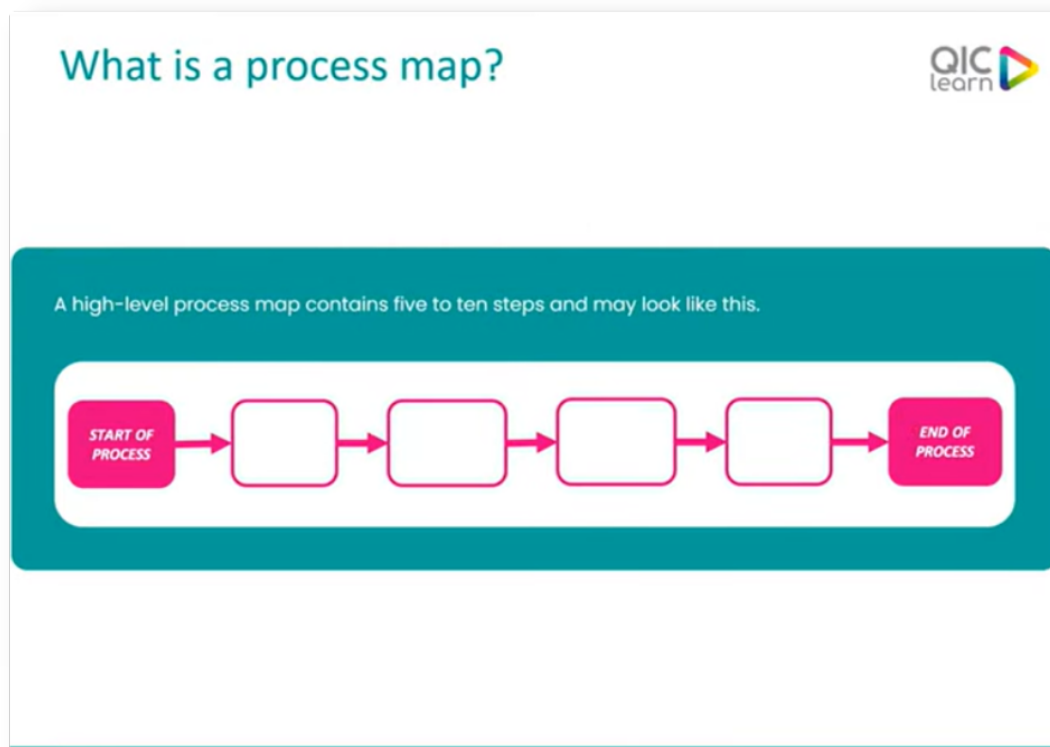
3minuteQITM Free Resources

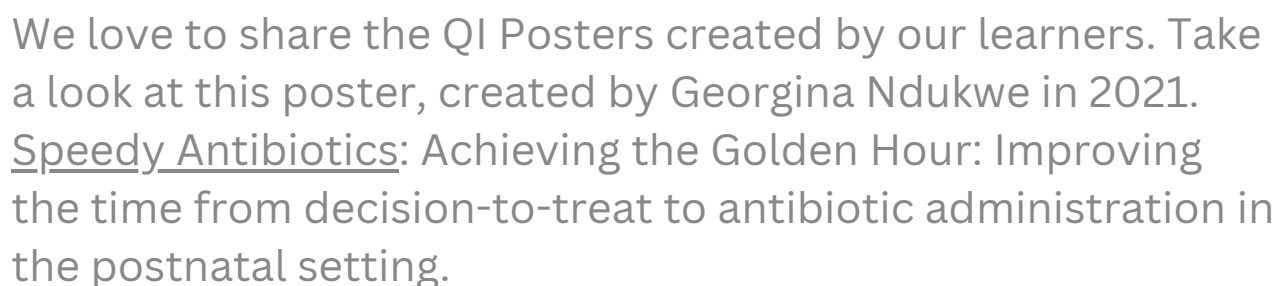
We practice what we teach all the time – and our 3minuteQI reflects this philosophy.

Our 3minuteQI video [Getting Started with Process Maps](#) is free on Youtube.

A process map is a visual tool which captures the steps in a process in the order they occur everyday. Its a reflection of work in the real world by those who do it rather than work as imagined by someone who doesn't.

Give us a  if you like it





QI Poster Gallery

And we have more! In fact we've captured all the QI projects we've supported in a [searchable gallery](#)

- Emergency & theatres
- Children & Maternity
- Mental Health
- Human Factors
- Patient Safety
- Prevention & Rehab
- Older People

The screenshot shows the QI learn website's 'QI Poster Gallery' page. The header includes the QI learn logo and a navigation menu with links to Home, About, Courses, Products, QI Posters (highlighted), Resources, and Contact. The main heading is 'QI Poster Gallery'. On the left is a sidebar with a filter menu: 'All' (selected), 'Emergency & Theatres', 'Children & Maternity', 'Improve ONE thing', 'Mental Health', 'Human Factors', 'Patient Safety', 'Prevention & Rehab', and 'Older People'. The main content area displays a grid of 12 QI poster thumbnails. Each thumbnail shows a preview of a poster and includes the title, date, and a 'Read More' link. The posters cover various topics such as 'Pandemic Pandemonium in Paediatrics Post-discharge', 'Hurry up with those Blood Gases', 'It's going to be OK.. right?', 'Our ONE big thing', 'Standardising Risk Assessment for Post-partum Haemorrhage (PPH)', 'Deck of cards', 'New Baby, What's Normal?!', 'Cure My Constipation', and others.

QI learn

Home About Courses Products **QI Posters** Resources Contact

QI Poster Gallery

All

- Emergency & Theatres
- Children & Maternity
- Improve ONE thing
- Mental Health
- Human Factors
- Patient Safety
- Prevention & Rehab
- Older People

Pandemic Pandemonium in Paediatrics Post-discharge
September 30, 2022
[Read More](#)

Hurry up with those Blood Gases
September 30, 2022
[Read More](#)

It's going to be OK.. right?
April 22, 2022
[Read More](#)

Our ONE big thing
April 22, 2022
[Read More](#)

Standardising Risk Assessment for Post-partum Haemorrhage (PPH)
April 22, 2022
[Read More](#)

Deck of cards
April 19, 2022
[Read More](#)

New Baby, What's Normal?!
April 19, 2022
[Read More](#)

Cure My Constipation
April 19, 2022
[Read More](#)

Over 250 paediatric trainees have made their way through our 18 week course. (NB this includes WMIDS)

Whilst they are acquiring the clinical skills they need to deliver good patient care in their placements, we help them acquire the skills they need to improve services and the evidence they need to land the job they want next.

We do this by giving them

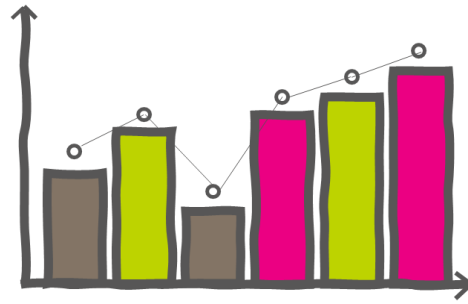
- A structured way to learn, practice and evidence quality improvement
- Support to designing, test and implement meaningful change in 18 weeks
- Teaching from experts and advice from experienced coaches and mentors
- An alignment with their QI, patient safety and leadership curriculum requirements
- Opportunities to learn from patients and other care professionals

Register interest for
Spring 2023: Open
course

Register interest
for

Spring 2023: LSP





Getting Started

A meaningful, short learning journey that kick starts your quality improvement journey. Using a social learning platform, **learn from QI experts AND peers** who are able to comment on your work. Gain instant, valuable feedback and see how others are tackling their QI problems.

Once your course is complete and you have evidenced what you have learnt, you will be given a certificate to add to your portfolio plus **5 CPD credits**.

Getting a good start in quality improvement provides the foundations for building a lifetime of improvement.

At QIClearn we have a set of steps that will help you learn and practice QI quickly.

With access to our expert feedback and **3 short virtual coaching sessions with our QIClearn accredited coaches** it can be completed in just **4 weeks!** [Find out more here](#)

DRAWING YOUR ATTENTION TO:



Faculty of
**Medical Leadership
and Management**

The National Medical Director's Clinical Fellow Scheme for doctors in training in England is sponsored by the National Medical Director of NHS England and managed by FMLM. The scheme has been established to identify and support doctors in training who present with the clearest potential to develop as medical leaders of the future.

Please note that this scheme is scheduled to open for 2023/24 recruitment on Wednesday 26 October 2022.

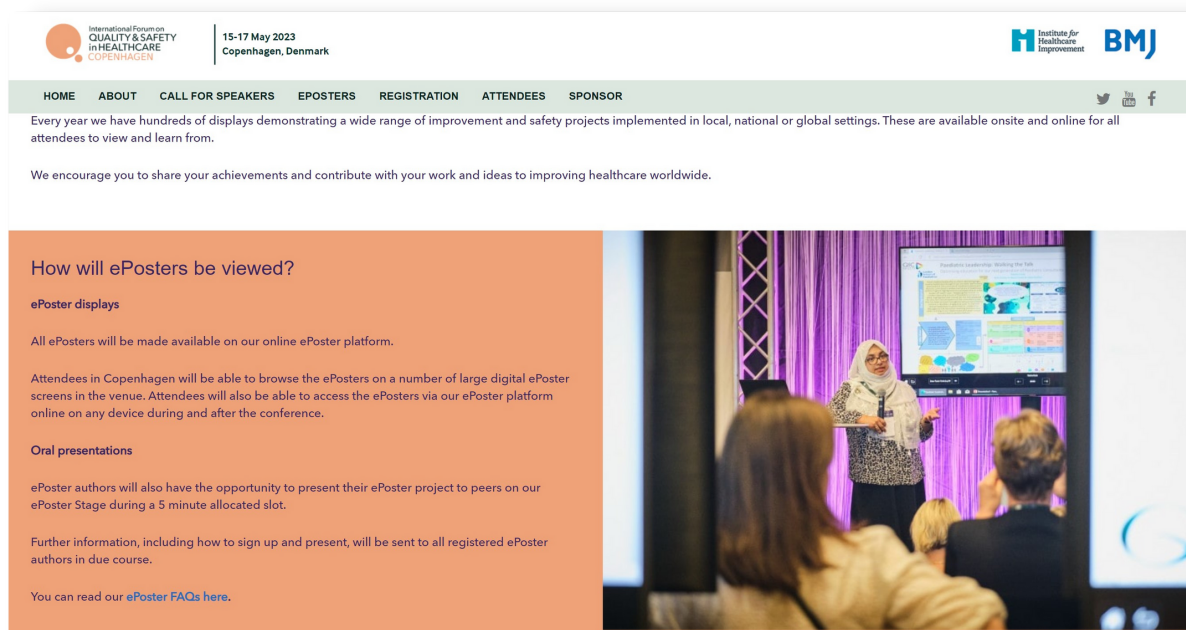
Register your interest for the 2023/24 [scheme here](#)

What is it?

The scheme provides doctors in training with a unique opportunity to spend 12 months in a national healthcare-affiliated organisation outside of clinical practice to develop their skills in leadership, management, strategy, project management and health policy.



DRAWING YOUR ATTENTION TO:



Secure a poster display at the International Forum in Copenhagen

Call for Posters now open!

Share your work with a global community of healthcare improvers. Submit by yourself or with your team, and join a diverse range of projects representing the best of quality improvement in Europe and beyond.

Call for Posters for the International Forum in Copenhagen ends on 7 December 2022.

