

BACKGROUND

There is often a delay in obtaining colostrum for premature babies when they are admitted to the NICU.

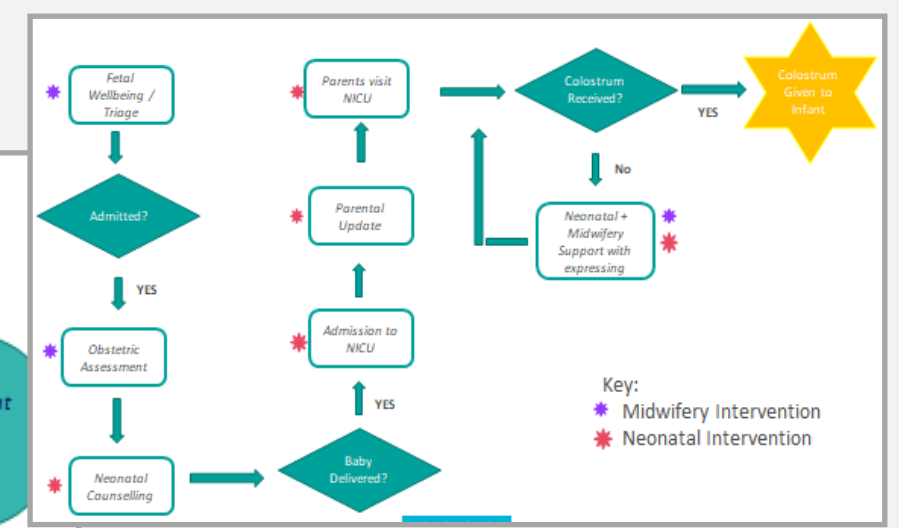
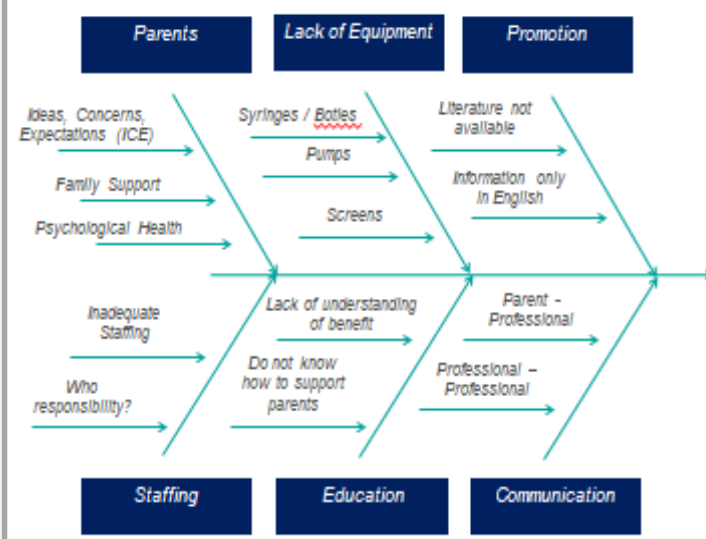
This means we are not giving our infants the best start in life!

BAPM recommends that colostrum should be administered within the 1st 6 hours of life...



DIAGNOSTICS

Fish Bone Diagram...



Process Map...

AIM & MEASUREMENT DEFINITION

Aim:

All infants admitted to the NICU to receive colostrum within the 1st 6 hours of life by July 2021.

Measurement Definition:

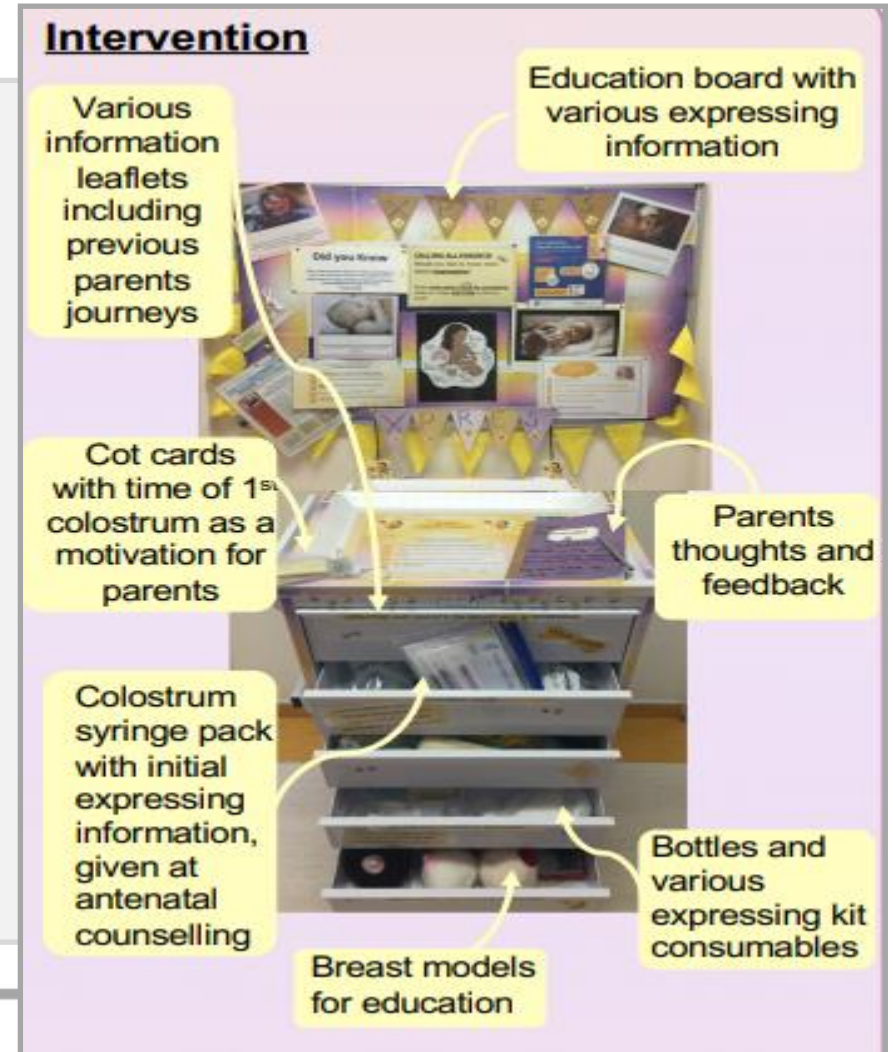
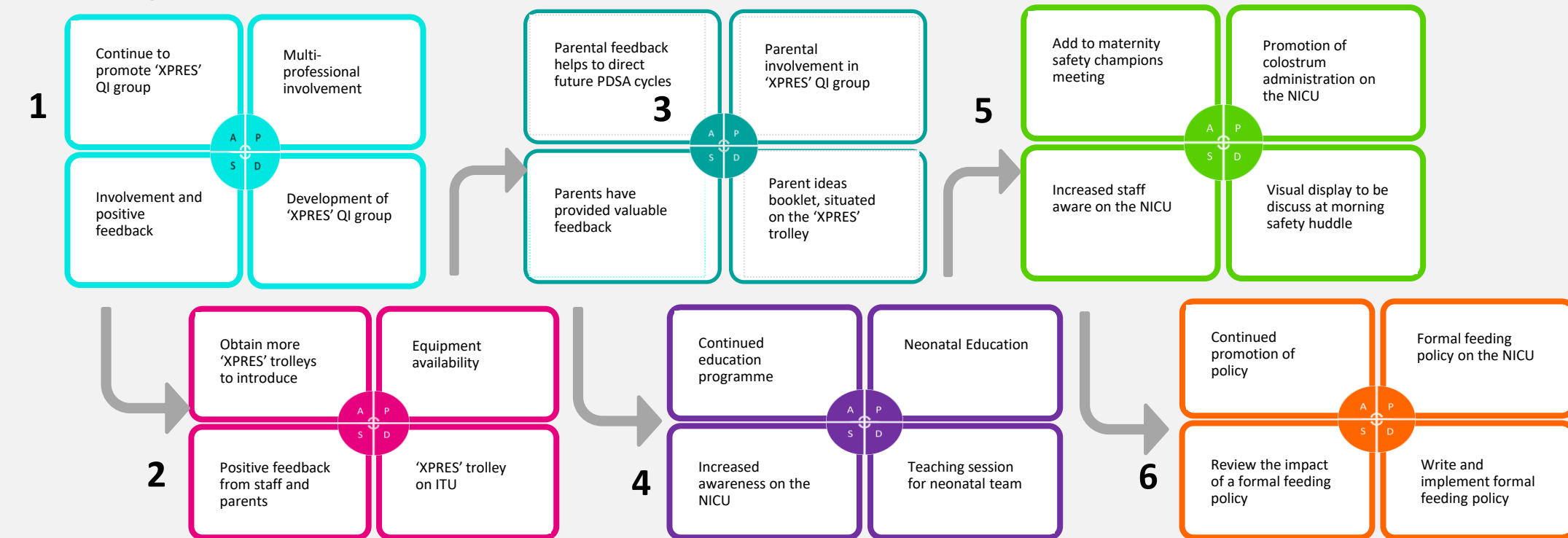
Time to administration of colostrum (hours).



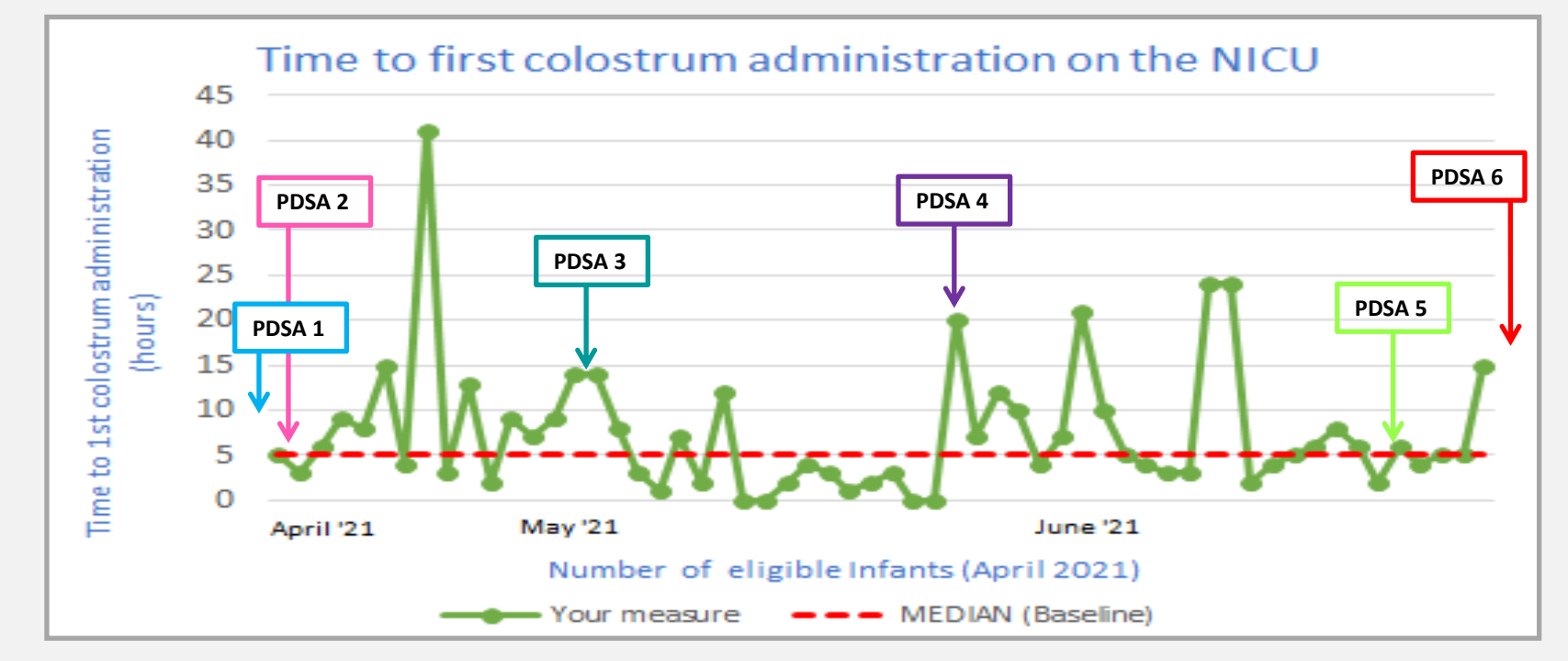
CHANGE IDEAS

1. Staff education sessions – neonatal + maternity
2. Breast feeding trolley / boxes
3. Breast milk champions
4. Discussion in safety huddle of weekly results
5. New feeding guideline
6. Ideas book for parents to complete
7. My first colostrum card for parents

PDSA cycles



RUN CHART



REFLECTIONS & LEARNING

- The importance of multi-professional and parental involvement from the start
- Inspiring and motivating a team to make change
- Using simple, measurable PDSA cycles to bring about change