

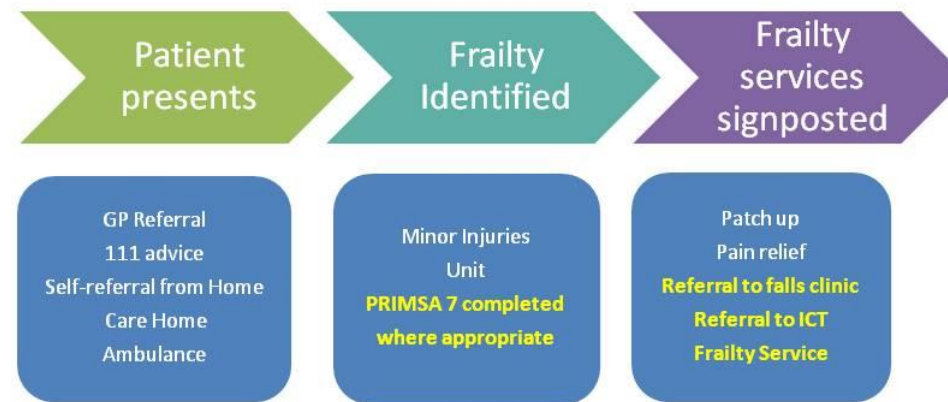
Southern Health NHS Foundation Trust



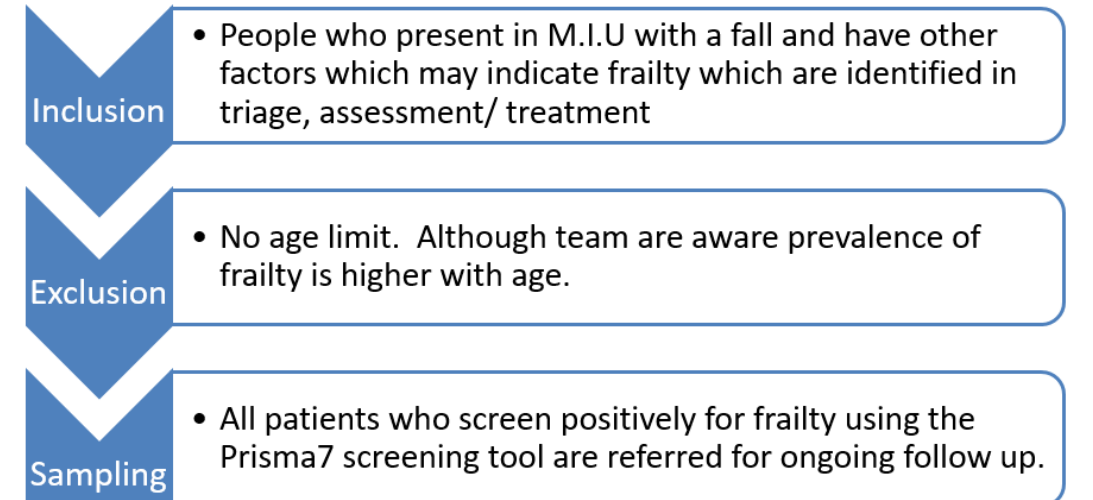
Frailty & Minor Injuries Unit Team
Lymington New Forest Hospital

Improvement Aim

All individuals who present to Minor Injuries Unit and identified as potentially living with frailty are referred to the most appropriate service to match their need



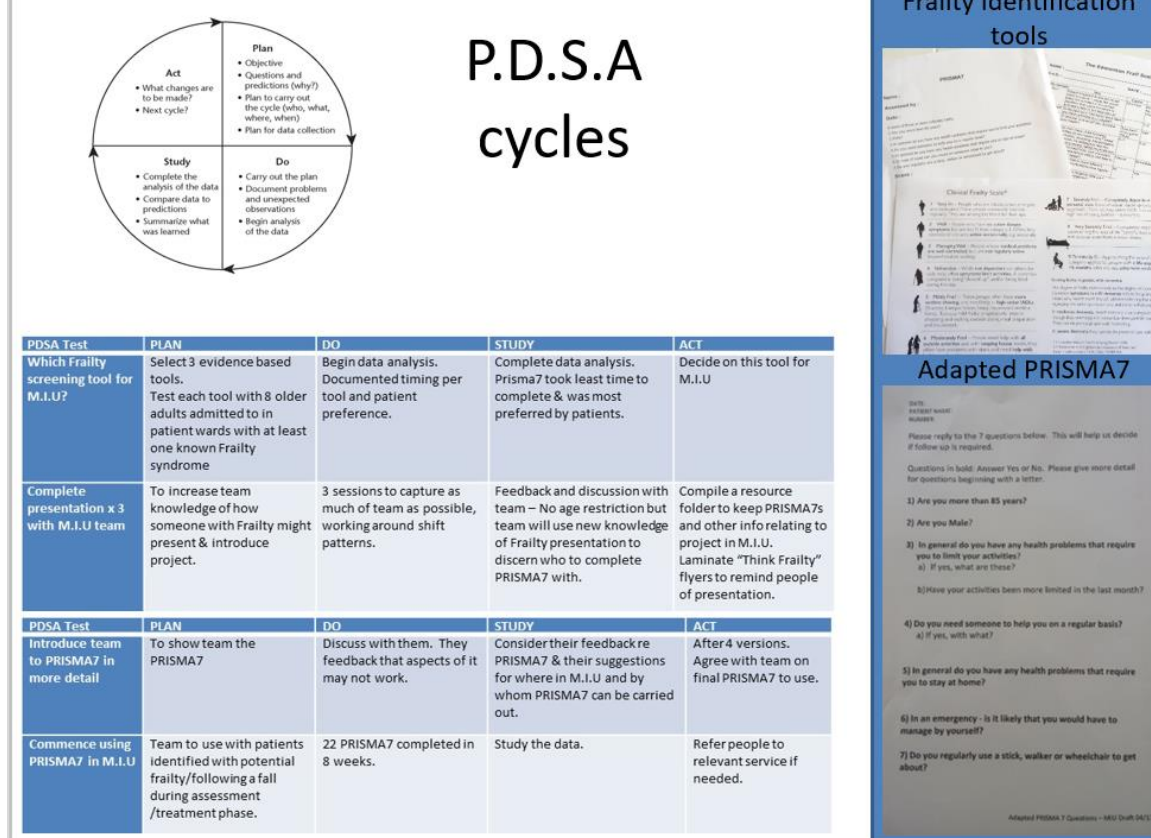
Measure Definition



Problem articulation "Falls" a recognised Frailty Syndrome!

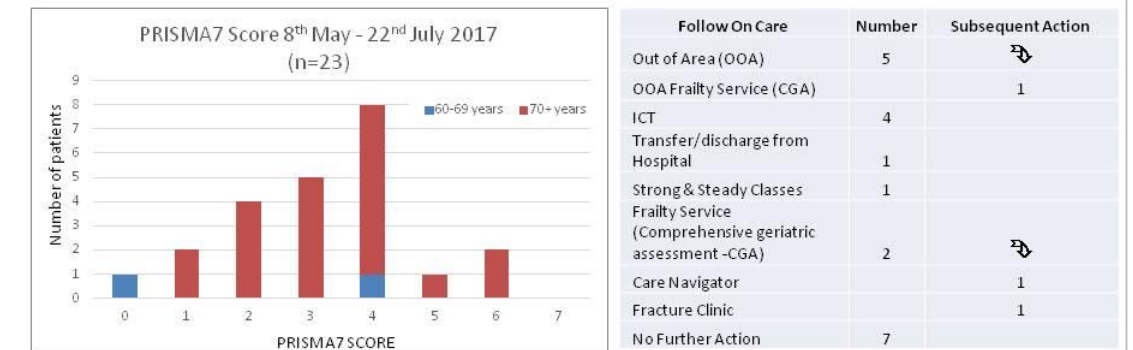


P.D.S.A cycles

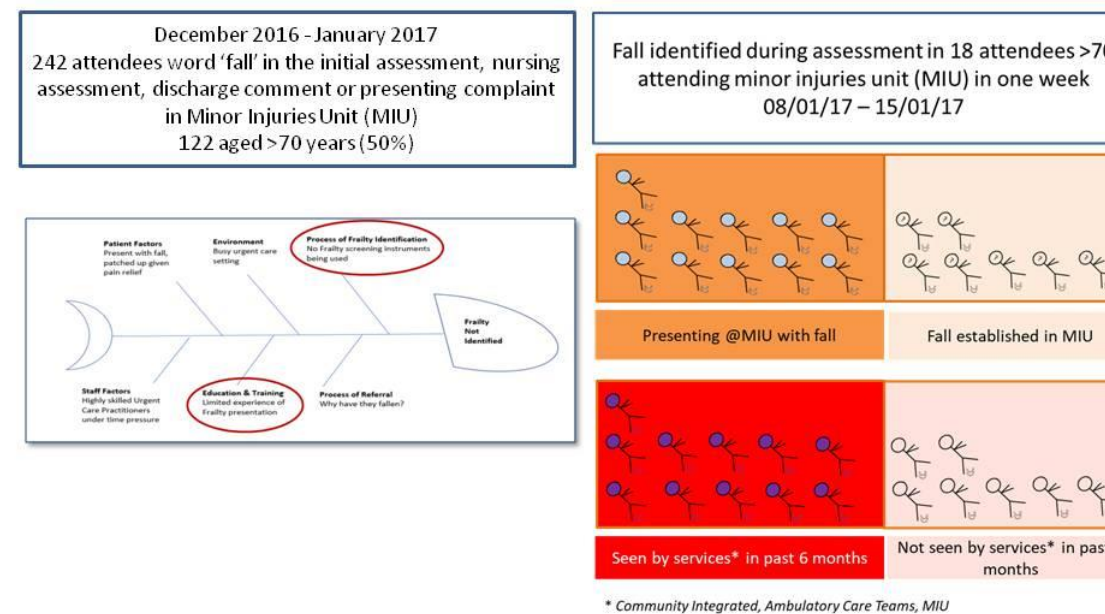


Summary of Frailty Assessments

- PRISMA7 Score of >3 is an indicator of Frailty**
- 126 people aged between 60 and 90+ attending the Minor Injuries Unit (MIU) had the word 'fall' in the initial assessment, nursing assessment, discharge comment or presenting complaint.
 - 59 of these were aged 70 years and above.
 - Prisma 7 was applied to of these 23 patients and these people received a follow-up call to determine if further care was needed.
 - 8 patients where their Prisma7 score of 0 or 1 ruled out risk of frailty. They received appropriate treatment and discharge.
 - Of those over 70, 15 (68%) had a Prisma7 score of 3 or above, indicating risk of frailty. These patients were signposted to appropriate services including 5 to services out of area

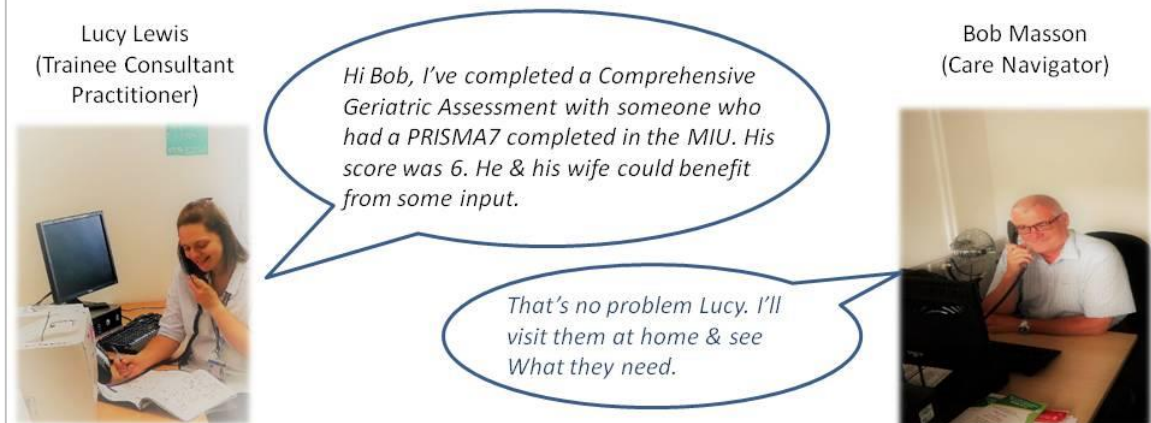


Diagnostics



Involving Care Navigators - an unexpected opportunity

- Care Navigators are attached to General Practices & help to co-ordinate the care for older adults living with frailty
- As an outcome of this project, referrals will be made to the Care Navigator service for those with a PRISMA7 greater than 3
- Some people may also require referral to Integrated Care Team/Falls Service or to the Frailty Service for Comprehensive Geriatric Assessment



Reflection & Next Steps

The Minor Injuries Unit team have embraced the concept of "Think Frailty" even in a busy urgent care setting.

More than a quarter of older adults presenting during the test period had a PRISMA7 completed.

68% of these indicated Frailty evidencing increased knowledge of frailty presentation for team members.

Involving the Care Navigators earlier in the project would have been beneficial.

